

## **ATHLETE & PARENT/GUARDIAN CODE OF CONDUCT**

Membership in the Oakville Speed Skating Club (OSSC) is a privilege, not a right, which should elicit great pride in skaters and their families. Our standards of behaviour are high and a willingness to live up to them is a condition of being a member of the OSSC.

All members of OSSC and families are also required to comply with the Town of Oakville's Rzone Policies (see attached).

The athlete's signature, along with that of his/her parent/guardian, indicates that both recognize and understand the responsibility to adhere to the basic concepts of good citizenship and fair play.

While participating in any Club activity, including practices, meets, social events, team travel, overnight stays in hotels/motels, dining in restaurants and when in or on public/private property, including change rooms and parking lots, etc., skaters are expected to act in a manner entirely consistent with this Code.

Unacceptable behaviour as listed below will not be tolerated:

- use of foul language
- bullying
- damage to facilities
- fighting
- unsportsmanlike conduct
- use of drugs, tobacco or alcohol
- sexual harassment act
- unexplained absences from Practices
- disrespect to coaching staff or club officials
- committing any act that would be considered an illegal offence

Should any unacceptable incidents occur, actions may include:

- verbal and/or written warning
- suspension from practice
- being sent home from a Meet at the member's expense
- damage to property will be the responsibility of the instigator and his/her parents
- potential removal from the Club

Parents/Guardians are encouraged to promote sportsmanship at all practices and meets through your actions by demonstrating positive support for all skaters, coaches, officials and spectators regardless of race, creed, religion, sex or ability.

We recognize the importance of volunteer coaches and their importance to the development of the individual skater and the OSSC will work to provide a positive experience for all. All coaches should be treated with dignity and respect in language, attitude, behaviour and mannerisms. Skaters will follow the program and instructions as set out by the coaches, failure to do so may result in removal from the program. Disrespect to coaches or undermining their authority is entirely unacceptable behaviour.

Respect for coaches includes showing up on time for practices. Skaters are expected to be at the arena 20 minutes before their practice starts to get ready and be ready to skate 5 minutes before the scheduled skating time. Two minutes after the scheduled skating time, the doors to the ice outside the change rooms will close and are not to be re-opened. Skaters wishing to attempt to join the practice must walk around over to the player's bench on the other side of the arena and wait until a discussion with the Head Coach on the ice occurs.

Skaters are not permitted to skate at other clubs practices without prior full disclosure, discussion and input from their OSSC Head coach.

Should a problem/concern arise, we agree to communicate our concern in writing to any member of the current Club Executive who will then hand the matter over to the President of the OSSC and a Quorum of the Club Executive for Resolution.

**YOUR SIGNATURE INDICATES THAT YOU HAVE READ, UNDERSTAND AND AGREE TO ABIDE BY THE CODE OF CONDUCT OF THE OAKVILLE SPEED SKATING CLUB.**

Dated in Oakville, Ontario, this \_\_\_\_ day of \_\_\_\_\_, 2018.

---

Signature of Athlete

---

Please Print Name as well

---

Signature of Parent/Guardian

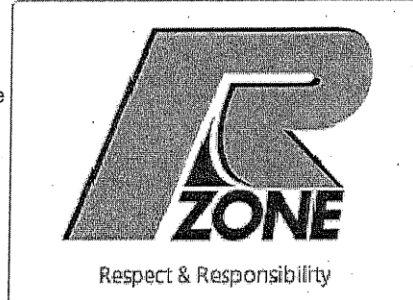
---

Please Print Name as well

## Welcome to the Rzone - Respect and Responsibility

### It's all about Respect

The Town is dedicated to supporting and enriching the quality of life of the people who live, work and play in Oakville. Our vision is to be the most livable town in Canada. We strive to create an environment where there is a sense of belonging, and participation is encouraged for all our residents, employees and visitors.



### What is the Rzone?

The Rzone is a town-wide procedure that promotes a positive, safe and supportive environment for all members of the public and staff. Violence, vandalism and inappropriate behaviour are not acceptable. It applies to all Town facilities, properties, Town-sponsored events, programs, in written or verbal communication, in Town vehicles, or at any other location where Town staff is present.

Read the Rzone Procedure web page.

### "R" you in the Zone?

Community organizations, members of the public and Town staff need to work together to promote respect and responsibility, improving the safety, appearance and environment of our community. Here's how:

- Be respectful to those around you. Use appropriate language in written and verbal communications.
- Listen to others express their point of view.
- Avoid behaviour that would intimidate or discourage others from speaking or participating in an event or meeting.
- Report activities such as verbal assaults, threats/aggression, physical harm, alcohol consumption, theft and harassment.
- Remember to respect property, materials and equipment when using services or participating in Town programs.
- Clean up after yourself or your group - whether in a library, at a park, on a bus or on a trail.

### Reporting an incident

Find out how to make an incident report. To report graffiti, please use our new Graffiti Hotline.

### Frequently asked questions

Still have questions about the Rzone? Please browse through our frequently asked questions.

### Contact us

rzone@oakville.ca  
1-866-67R-ZONE (message only)



*The Town of Oakville would like to gratefully acknowledge the Ministry of Health Promotion for their generous contribution to the development of the Rzone policy.*